

Lauren Andreach

Lauren believes that the discipline of painting and teaching outdoors is the vehicle through which she is best suited to love others, and to honor & appreciate the natural environment.

She explains *“in my view, we can be utterly distracted from one another and our world, barely noticing those magnificent sunrises, cloud formations, endless variety of birds & insects, and abundance of fauna & flora. Painting requires a different level of awareness. I feel privileged to appreciate our Creator’s awesome gestures of extravagant, unbounded love on a daily basis. “*

Training & Associations

After graduating from **Boston College**, Lauren pursued the arts in tandem with a 15-year career in technology. At night, she completed the basic studios at the **Pennsylvania Academy of Fine Arts** in Philadelphia.

In 2001, Lauren devoted herself to raising her daughters and enrolled in a class with **John Phillip Osborne** at the Ridgewood Art Institute. Using a classical methodology and the **“prismatic palette,”** she inherited a tradition from Osborne that has its origins in the French Barbizon School, and in American painters such as Frank Vincent DuMond who studied in Europe at 19th century ateliers and academies.

The artist is an award-winning, exhibiting member of the **Salmagundi Club**, a member of the **Mid-Atlantic Plein Air Painters**, and an associate member of the **Oil Painters of America**.

Plein Air Work

Lauren’s first plein air competition was **Paint Annapolis** in 2008, where she was awarded **Best in Show**. Since then she has been invited to paint in **Plein Air-Easton**, **Sonoma Plein Air**, **Wayne Plein Air**, **Cranford Paint the Town**, and for the **Cape Elizabeth Land Trust** benefit. She finds plein air events to be a great adventure, forcing her to paint a variety of subjects, and challenging her to paint with acumen.

Workshops

The artist offers a popular painting workshop through the **Middletown Arts Center** near her home at the Jersey Shore. She loves to teach, and is of the opinion that teaching is a shared discovery. *“It really helps me to articulate a basically non-verbal activity. In the process, students provide feedback in a way that provides for mutual insight.”*

Influences

The artist’s influences are her teacher **John Phillip Osborne**, and her longtime mentor **John C. Traynor**, two great painters with New Jersey roots. Her favorite historical artwork ranges from the floral paintings of **Henri Fantin-Latour**, to the spirit-inspired, late-period paintings of **George Inness**, and anything drawn by cartoonist **George Herriman**.

